# **Directory**

- 1. Age Concern 06 345 1799, 13 High Street, Marton
- 2. Arts Society 388 0640
- B. Bowling Club 388 0299 12 Kokako Street
- 4. Chiropractic Clinic 06 3579784
- 5. Choir Arcadian Singers 388 1611
- 6. Contract Bridge 388 0056
- 7. Counselling Lynne Sorenson 388 0926
- 3. Counselling Margaret Baird 0213834399
- 9. Dental Centre 388 2029, 97 Hautapu Street
- 10. Ear Nurse Specialist Sheryl Ferguson- 06 348 7980
- 11. Femme Fizek 027 904 8659, Hautapu Street
- 12. Floral Art Christine Brown 388 0224
- 13. Garden Society Toby Schweikert 388 0608
- 14. Go Bus Transport 388 1427, 20 Tui Street
- 15. Golf Club 388 1247, 90 Golf Club Road
- 16. Grey Power Rangitikei 06 327 7822
- 17. Health Care NZ 027 223 5718. 58 Tui Street
- 18. Intercity Bus www.intercity.co.nz
- 19. Majestic Theatre 388 0868, 5c Tui Street
- 20. Men's Group Graham Smith 388 0555
- 21. Mokai Patea Services 388 1156, 130 Hautapu St
- 22. Museum 14 Huia Street
- 23. Naked Bus www.nakedbus.co.nz
- 24. Neighbourhood Support 388 2181 or 021 02851477
- 25. Older and Bolder 388 0978 or 021 100 0065
- 26. Pharmacy 388 0000, 85 Hautapu Street
- 27. Physiotherapist 06 322 1993
- 28. Podiatrist Leo Brown. 06 348 7779
- 29. Podiatrist Pauline Quinn, 06 3431989
- 30. Rotary George Turney, President 0212466706
- 31. Rangitikei District Council 06 3880604, Town Hall
- 32. Ruapehu REAP 388 0109, 1 Tui Street
- 33. Ruapehu Masonic Trust 388 0303
- 34. Taihape Rugby Club Terry Baird 388 1736
- 35. Senior Citizens' Friendship Group 388 1154
- 36. Swimming Pool 388 0038, Kokako Street
- 37. Taihape & District Car Club 388 0521
- 38. Taihape Health Ltd 388 0926, 3 Hospital Road
- 39. Taihape Fitness Club 021 151 8758
- 40. Utiku & Old Boys Rugby Club, 388 7777
- 41. Visique 0800 439 374, 95 Hautapu St
- 42. Women's Club 388 0474, Tui Street
- 43. Women's Refuge and Support 0800 473 384
- 44. Work and Income 0800 559 009, 32 Tui Street
- 45. Workingmen's Club 388 0451

# More information

<u>Health and disability directory – WDHB</u> www.manageme.org.nz

<u>Taihape website</u> - <u>www.taihape.co.nz</u>

Rangitikei A-Z Directory - http://www.azdirect.co.nz/rangitikei/

# Places of worship

St Margaret's Anglican Church - 388 0681, 47 Huia St St Mary's Catholic Church - 027 606 5186, 51 Huia St St David's Presbyterian Church - 388 0515, Huia St The New Life Revival Centre - 388 1435, 35 Linnet St Assembly of God - 388 0042, Mangaweka Ad-Deen Mosque - 021 191 2148, 5 Tui St

# **Banks**

ANZ – Mon – Fri 9am-4.30pm - 99 Hautapu St BNZ - Mon – Fri 9am-4.30pm – 102 Hautapu St Westpac – Mon-Fri 9am-4.30pm - 100 Hautapu St Kiwibank – Mon – Fri 8.30am-5pm – 112 Hautapu St



Taihape Community
Development Trust
06 388 1307
90-92 Hautapu Street



Rangitikei District Council 06 388 0604 Town Hall www.rangitikei.govt.nz

# Retiring in Taihape YOUR GUIDE

Taihape has a wide range of healthcare, services, clubs and activities for residents as you grow older... look inside to find out more!



# **Health and Well-being**

# **Budgeting and finances**

- (44) Work and Income weekly senior services clinic
- (21) Mokai Patea Services Mon-Fri 8.30am 5pm.

# **Counselling and Support**

- (43) Women's Refuge and Support
- (7) Lynne Sorenson
- (8) Margaret Baird

# **Community Health Workers**

- (21) Mokai Patea Services
- (38) Taihape Health Ltd
- (17) Health Care NZ

### **Housing**

- (31) Rangitikei District Council
- (33) Ruapehu Masonic Lodge

# Housekeeping/personal care support/visiting

- (1) Age Concern
- (17) Health Care NZ

# Nursing

- (17) Health Care NZ
- (38) Taihape Health Ltd.
- (10) Ear nurse specialist

Meals on Wheels - (38) available Mon-Fri.

Neighbourhood Support – (24) – Angela Oliver

Optometrist - (41) Visique – monthly on a Wednesday

<u>Chiropractor</u> - (4) Chiropractic Clinic

<u>Dentist</u> - (9) Mon-Wed 9am – 3pm.

Doctors - (38) Taihape Health Ltd - Mon-Fri 8am - 5pm.

Pharmacy - (26) - open daily 9am-5pm.

Physiotherapist - (27) Tuesdays/Thursdays

<u>Podiatrist</u> – (28) (29)

Respite Care - (38) Taihape Health Ltd

# **Clubs, Recreation and Physical Activity**

### Clubs

- (37) Car Club (5) Choir Arcadian singers
- (6) Contract Bridge Club (12) Floral Art
- (30) Rotary Club (35) Senior Citizens'
  - Friendship Group (55+)
- (25) Older and Bolder (2) Taihape Arts Society
- (42) Women's Club (45) Workingmen's Club
- (20) Men's Group (13) Garden Society

# Recreation

- (22) Taihape Museum open Sun 11am 2pm
- (19) Movies Majestic Theatre Thurs, Fri, Sun
- (32) Adult community education

# **Physical activity**

- (11) (39) Gyms (36) Swimming Pool open
  - November March
- (3) Indoor/outdoor bowls (36) Aqua Aerobics
- (21) Sit Fit (21) Tai Chi
- (15) Golf (40) (34) Rugby Clubs

# **Transport**

(14) Go Bus - Buses depart the Railway station at 9am and the Town Hall at 9.05am

To Wanganui – first Thurs each month
To Palmerston North – third Fri each month

# (25) Older and Bolder

Transport for residents requiring out of town medical services and dialysis treatment on referral by Medical Centre.

(23) Naked Bus – departs from Town Hall (18) Inter City Bus – departs from Town Hall Book at Information Centre, Town Hall

# **Key Agencies and Organisations**

# **Taihape Health Limited**

3 Hospital Road, Taihape 06 388 0926 Mon-Fri 8.30am – 5pm; Sat 9am – 12pm.

Wide range of health services including (but not limited to); doctors, specialists, respite care, social work, counselling, x-rays, public health nurse, home safety assessment, mobile surgical services, community/palliative care.

# **Taihape Older and Bolder**

1 Tui Street, Taihape
Betty Tierney 06 388 0978/021 100 0065
jbtierney@xtra.co.nz

A support group which provides home visiting services, transport for health services, trips, movies, courses, activities friendship and fellowship.

### **Mokai Patea Services**

130 Hautapu Street, Taihape 06 388 1156 Mon-Fri 8.30am — 5pm.

Wide range of services for the whole community including (but not limited to); Kaumatua Kaunihera, Sit Fit/Tai Chi, support/advocacy, budgeting, whanau ora, community health worker.

# Rangitikei District Council Library and Information Centre

90 Hautapu Street, Taihape 06 388 0604
Opening hours: 9am-5pm every day
www.rangitikei.govt.nz
Library, A-Z Directory, free computer use, rates,
wireless internet, travel bookings, rates, dog
registrations.