

# Access to food

at Alert Levels 3-4

**Do you need assistance to access food?**

Yes

No

**Can you leave your home to get food?**

No

Yes

No barriers to accessing food



Make online orders and arrangements through local supermarkets and their Priority Assistance service

OR



Make arrangements through family or friends to pick up food



Seek assistance through community groups, food banks, social service or health providers  
[www.familyservices.govt.nz/directory](http://www.familyservices.govt.nz/directory)



*If your need is urgent or you are unable to access other arrangements*

Contact your local CDEM Group  
[www.civildefence.govt.nz/find-your-civil-defence-group](http://www.civildefence.govt.nz/find-your-civil-defence-group)

**Do you also need financial assistance?**

**Are you an MSD/Work and Income client?**

No

Yes

**MSD/Work and Income**



Call  
**0800 559 009**



or go to **myMSD**  
[www.my.msd.govt.nz](http://www.my.msd.govt.nz)

**Are you a permanent NZ resident?**

No

Yes

**MSD/Work and Income  
Emergency Benefit for temporary visa holders**



Call  
**0800 559 009**



or go to **myMSD**  
[www.my.msd.govt.nz](http://www.my.msd.govt.nz)

**Is your food need urgent?**  
i.e. do you need food in the next 24-48 hours?

No

Yes



Seek food Bank assistance  
[www.familyservices.govt.nz/directory](http://www.familyservices.govt.nz/directory)



Contact your local CDEM Group  
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