



## Taihape Neighbourhood Support Inc

C/- Taihape Police

6 Tui Street

Taihape 4720

Tel: 021 0261 6002

[tinselizabeth@gmail.com](mailto:tinselizabeth@gmail.com)

# Hello

**If you are anxious or worried, we can help.**

My name is ..... My phone number is .....

I am working with Taihape Neighbourhood Support.

If you are anxious or worried due to COVID-19, we can help you with:

- picking up shopping, including groceries
- dog walking
- a friendly phone call
- \* collecting prescriptions
- \* posting mail

**Just call or message me, and I will do my best to help you (for free)**

Coronavirus is contagious. Therefore, I will take every precaution to ensure I am spreading only kindness. I will seek to avoid physical contact (2m distance), wash hands regularly, and will leave any item on your doorstep after knocking.