

# Characteristics of older people in the Central Region

The Central Region District Health Boards (DHBs) are committed to promoting the health and wellbeing of older people and ensuring that when help is required they respond. One of the ways DHBs help older people get the right assistance at the right time is to have a health professional complete an assessment, known as an interRAI Home Care assessment.

By publishing the interRAI Home Care assessment results we want to raise awareness of our older people, and encourage health professionals, community groups, and family/whānau to check in with older people and their family/whānau and see how they are doing.

## Notes:

- The data represents only those older people who have had an interRAI Home Care assessment during 2015 for the Central Region DHBs.
- The Advanced Care Plan (ACP) and Enduring Power of Attorney (EPOA) information is from November and December 2015 only.
- MAPLe is an algorithm that assigns a priority level. A 5 is the highest level.

